

## **Trust His Provision**

Lord we come to you today thankful for the ways that you have provided for us in the past year! Thank you for providing us with homes to live in and food to share with our families! Father as we look to the year ahead we are reminded of what Jesus told us in Matthew 6:19-24. He said...

### **Matthew 6:19-24 Do Not Be Anxious**

<sup>25</sup> "Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? <sup>26</sup> Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? <sup>27</sup> And which of you by being anxious can add a single hour to his span of life? <sup>28</sup> And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, <sup>29</sup> yet I tell you, even Solomon in all his glory was not arrayed like one of these. <sup>30</sup> But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? <sup>31</sup> Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' <sup>32</sup> For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. <sup>33</sup> But seek first the kingdom of God and his righteousness, and all these things will be added to you.

<sup>34</sup> "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

Father help us to remember that you have promised to provide for all our needs as we seek first your kingdom and your righteousness. Thank you that you have made us righteous through what Jesus did at the cross. Thank you Jesus that you have provided us a way to the Father and that you have shown us that we can go to the Father with our requests and that He will answer our prayers.

### **Matthew 7:7-11 Ask, and It Will Be Given**

<sup>7</sup> "Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. <sup>8</sup> For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. <sup>9</sup> Or which one of you, if his son asks him for bread, will give him a stone? <sup>10</sup> Or if he asks for a fish, will give him a serpent? <sup>11</sup> If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!

### **Genesis 22:14 Jehovah Jireh God our Provider**

And Isaac said to his father Abraham, "My father!" And he said, "Here I am, my son." He said, "Behold, the fire and the wood, but where is the lamb for a burnt offering?" <sup>8</sup> Abraham said, "God will provide for himself the lamb for a burnt offering, my son."

<sup>14</sup> So Abraham called the name of that place, “The Lord will provide”;<sup>[a]</sup> as it is said to this day, “On the mount of the Lord it shall be provided.”

Philippians 4:19-20

And my God will supply every need of yours according to his riches in glory in Christ Jesus. <sup>20</sup> To our God and Father be glory forever and ever. Amen.

Isaiah 26:3-4

Lord thank you that you have promised in Isaiah 26:3-4 to keep our hearts in perfect peace as our minds are steadfast because we trust in you. Thank you Lord that you are the Rock eternal. Thank you that we can build our lives upon you! Help us to keep our eyes fixed on you throughout 2025!

<sup>3</sup> You will keep in perfect peace  
those whose minds are steadfast,  
because they trust in you.

<sup>4</sup> Trust in the Lord forever,  
for the Lord, the Lord himself, is the Rock eternal.

### **Lay Your Burdens Down**

1 Peter 5:6 “ So humble yourselves under the mighty power of God, and at the right time he will lift you up in honor.

Matthew 11:28

Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.

#### 1. Repent

- Repent for not coming to you.
- Repent for choosing to be under weight of the world rather than the weight of your glory.
- Repent for carrying a burden/weight God didn't give me.
- Anywhere it hasn't been beneficial to me.
- Repent for holding on and not letting go.
- Repent for not coming to you, our source of life.
- Repent for not trusting God. Repent for believing a lie.
- Repent for placing limits on God.
- Repent for carrying burdens alone.
- Repent for picking up and agreeing with pride and false humility, victim mentality, and self-righteousness.
- We even repent for acting pious in what we put ourselves through instead of loving you.

#### 2. We choose to believe today that...

Psalm 55:22

“Give your burdens to the Lord, and he will take care of you. He will not permit the godly to slip and fall.”

Isaiah 46:4

“I will be your God throughout your lifetime— until your hair is white with age. I made you, and I will care for you. I will carry you along and save you.”

Hebrews 4:16 “So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.”

-Thank you for Carrying our burdens for us (sin), with us (grief or sickness, roles) and through us (other's burdens).

-giving us a place to lay our burdens down

Matthew 11:29

<sup>29</sup> Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

-We choose to believe there is a new way to live and we invite you to teach us...

3. We come to you and actively lay down our burdens at the feet of Jesus...

-sin that weighs us down & grief from loss, illnesses, weight of an important role,

-Lay down what burdens us, worries us, stresses us, weighs us down, entangles us, what we carry, etc

1 Peter 5:7 “Give all your worries and cares to God, for he cares about you.”

4. Let him care for you

-Now that we aren't carrying our burdens, care for our hearts.

-Receive care for...hurts, wounds, past, fear of future, etc

-Receive the father's embrace, the son's embrace, and the spirits embrace

Matthew 11:30

<sup>30</sup> For my yoke is easy to bear, and the burden I give you is light.

5. Choose to accept Jesus' easy yoke and light burden

-Receive the words of God and choose to hold onto these

Hebrews 12:1-2 “Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us. <sup>2</sup>We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith.”